



B.P.PODDAR INSTITUTE OF MANAGEMENT AND TECHNOLOGY
137-VIP ROAD, KOKATA -700052

Ref. No... *BPP/notice/1258/19*

Date 28.05.2019

NOTICE

As per advice of the medical consultant of our institute following guideline must be practiced by all student and staff in extreme summer to avoid related health problem:

1. Wear loose dress, preferably of cotton.
2. Take bath with cold water 3-4 times every day.
3. Wet forehead and face at least twice an hour during day time.
4. Take at least 1 litre of ORS during the day time.

Kakali Karmakar (Sur)

Dr. Kakali Karmakar (Sur)

Co-ordinator

Medical Assistance Cell

BPPIMT

Copy to :

- (1) Principal
- (2) Registrar
- (3) All HOD's/Dy. Registrar
- (4) All Notice Boards
- (5) System Cell (for website)