

International Yoga Day 2018

NSS cell of B.P. Poddar Institute of Management & Technology, 137, V.I.P. Road, Kolkata-52 observed International Day of Yoga on 21st June 2018 at the Institute premises. To highlight the day a "Yoga Session" was organized to encourage all the Faculty & Staff members of the Institute to practice yoga. Many Faculty and Staff members have participated in the session and practiced yoga as instructed by Yoga Experts of the Institute. The participants have also taken pledge to practice yoga regularly.

